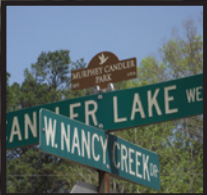
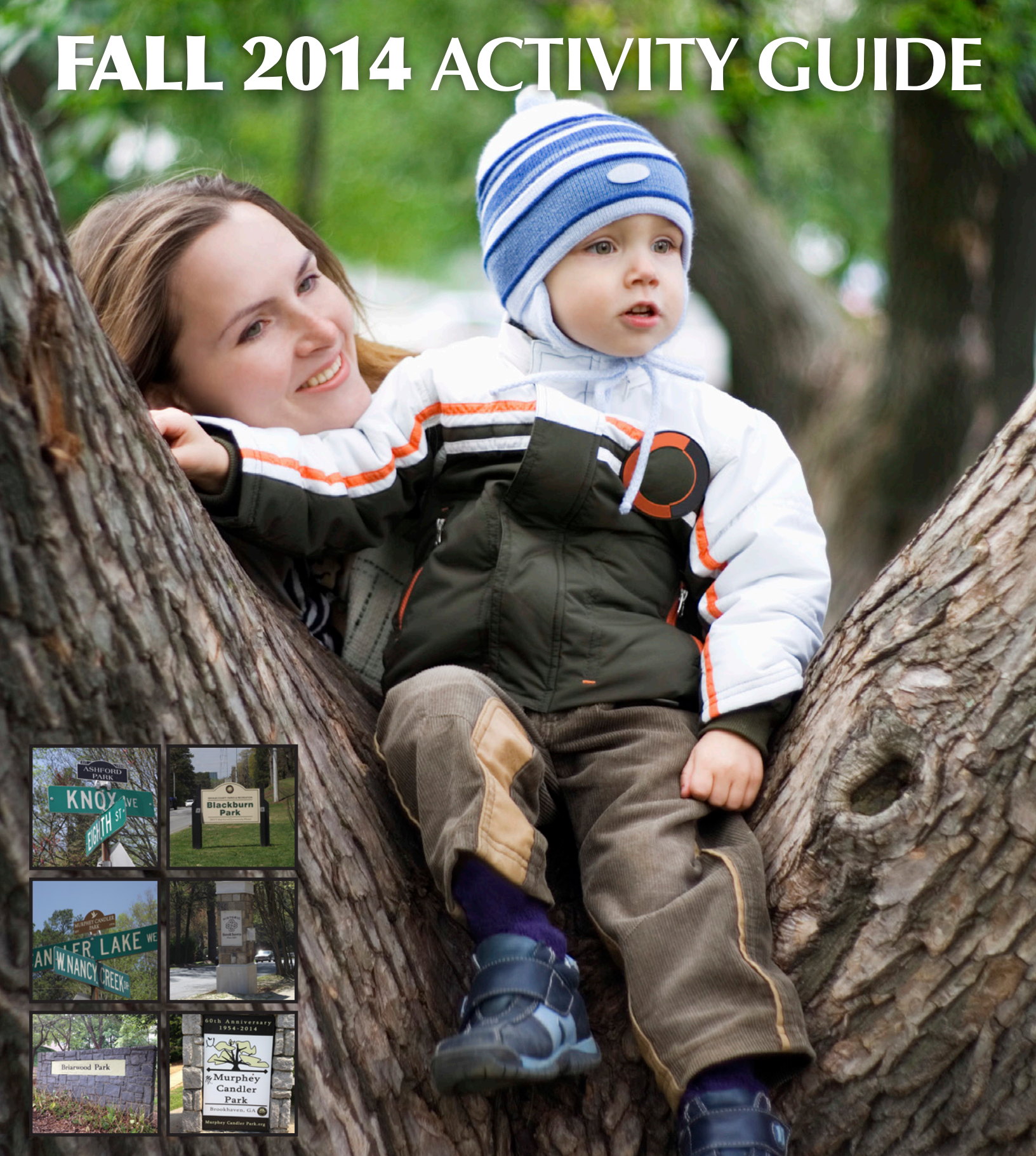


FALL 2014 ACTIVITY GUIDE



Play

in

Brookhaven
GEORGIA

[Parks & Recreation Department]

MISSION STATEMENT

The mission of the Brookhaven Parks and Recreation Department is to provide quality services and facilities that answer the needs of a diverse community and preserve the focus on partnerships, innovation and modernized leadership.

HOURS OF OPERATION

ADMINISTRATIVE HOURS		COMMUNITY CENTER HOURS	
Monday-Friday	8:30am-5:00pm	*HOURS WILL BEGIN WEEK OF SEPTEMBER 8*	
Saturday	CLOSED	Monday-Thursday	8:30am-5:00pm
Sunday	CLOSED	Friday-Saturday	8:30am-6:00pm
		Sunday	1:00pm-6:00pm

PHONE DIRECTORY

MAIN LINE	404.637.0534
FAX LINE	404.637.0535
LYNWOOD COMMUNITY CENTER	404.637.0534
CITY HALL MAIN LINE	404.637.0500

2014 HOLIDAY CLOSINGS

LABOR DAY	SEPTEMBER 1
VETERAN'S DAY	NOVEMBER 11
THANKSGIVING	NOVEMBER 27 - 28
CHRISTMAS	DECEMBER 24 - 26
NEW YEAR'S EVE	DECEMBER 31

STAFF DIRECTORY

JERRY KINSEY	DIRECTOR	jerry.kinsey@brookhavenga.gov
GARY SCHUSSLER	ASSISTANT DIRECTOR	gary.schussler@brookhavenga.gov
TAYLOR DAVIS	ATHLETIC MANAGER	taylor.davis@brookhavenga.gov
PHILIP MITCHELL	RECREATION MANAGER	philip.mitchell@brookhavenga.gov
RAQUEL McCLENDON	EXECUTIVE ASSISTANT	raquel.mcclendon@brookhavenga.gov

HOW TO REGISTER FOR ACTIVITIES, PROGRAMS & FACILITIES

ONLINE:	http://brookhavenga.gov/city-departments/parks-recreation-/activities-programs
FAX:	404.637.0535
MAIL:	3360 Osborne Road NE, Brookhaven, GA 30319
IN PERSON:	Lynwood Park Community Center

CITY OF BROOKHAVEN

MAYOR

J. Max Davis

CITY COUNCIL

Rebecca Chase Williams, District 1
Bates Mattison, District 3
Joe Gebbia, District 4

CITY MANAGER

Marie L. Garrett

[www.brookhavenga.gov]

REFUND POLICIES

Any activity or rental cancelled by Parks and Recreation will be refunded in full. To request a refund, visit us in person or online at www.brookhavenga.gov/city-departments/parks-recreation

Class Refund Policy

Refunds requested 2 or more business days prior to the activity start date will receive a full refund/credit. 50% of the activity fee will be refunded if requested before the 2nd meeting of the program. No refund/credit after 2nd meeting.

Athletic Leagues Policy

No refunds will be issued for teams except under special circumstances as approved by the manager/department heads.


Facility Rental Policy

Refunds must be requested ten (10) days prior to date of rental, after which no refunds will be granted.



YOUTH ATHLETIC LEAGUES

2014 FALL WARMUP YOUTH BASKETBALL LEAGUE

Levels:	9/10 Boys, 9/10 Girls, 11/12 Boys, 11/12 Girls, 13/14 Boys, 13/14 Girls	
Age Control Date:	Prior to January 1, 2015	
Registration:	Aug. 18 – Sept. 5 at Lynwood only Monday-Friday 8:30am-5:00pm	
Fee:	\$50 per player / \$65 non-resident	
Evaluations/Drafts & Coaches Meeting:	Week of September 8	
Practices begin:	Saturday, September 13	
Schedule Pickup:	September 18-19 – Lynwood	
Games Start:	Week of September 22	
Contact Information:	Taylor Davis, Athletic Manager at 404-637-0514 or email at taylor.davis@brookhavenga.gov	

GAME SCHEDULE

Games will be played at either the Lynwood or Briarwood Community Centers with a 6 game schedule. The games will consist of two 20 minute halves with a running clock and a 5 minute halftime.

General Information: This league is intended to be the warm-up league to the recreational program. It is BPRD’s intention to limit the roster of each team to 8 players, depending on total registration numbers, with a max of 4 teams per grade & per gender at each Community Center. If possible, all practices and most regular season games will be held at the Community Center chosen by the participant at registration, again depending on registration numbers. BPRD reserves the right to move a team or player(s) to a different Community Center should the overall needs of the program require it. The manager will not keep standings for the warm-up league.



2014-2015 WINTER BASKETBALL LEAGUE

Registration Dates: Monday – Friday, September 29 – October 24, 8:30 am – 5 pm at Lynwood Community Center. **Players on school team, travel team or other recreational team rosters that play Dec. 1, 2014 through March 14, 2015 are not eligible to play in this league.**

Levels: 9/10 Boys, 9/10 Girls, 11/12 Boys, 11/12 Girls, 13/14 Boys, 13/14 Girls

Age Control Date: Prior to January 1, 2015

Registration: \$75.00/child for city residents and
\$90.00/child for non-city residents

**Evaluations/Drafts &
Coaches Meeting:** TBD

Practices begin: Monday, November 10

Schedule Pick-up: November 20-21

Games Start: December 6

(No Games on December 27)



GAME SCHEDULE

Games will be played on Saturdays at either the Lynwood or Briarwood Community Centers with an 8 game schedule. Games will conclude on or around the week of January 31, 2015.

Potential Post-Season Play: Week of February 9

General Information: This league is intended to be a normal recreational program. It is BPRD's intention to limit the roster of each team to 8 players, depending on total registration numbers, with a max of 4 teams per age level at each Community Center. If possible, all practices and most regular season games will be held at the Community Center chosen by the participant at registration, again depending on registration numbers. BPRD reserves the right to move a team or player(s) to a different Community Center should the overall needs of the program requires it. The league will keep standings for each league. There will be a Post-Season Tournament with awards for the 1st & 2nd Place teams in each age level.

ADULT ATHLETIC LEAGUES

2014 FALL SOFTBALL

Team fee: \$ 600/team

Leagues: Men's Open C, Coed C

Registration dates: Monday, August 11 - Friday, September 5

Coaches meeting: Thursday, September 11, 7:00 p.m.

League play begins: Monday, September 15



General Information: All adult leagues will be played at Blackburn Park and all registration must be completed at Lynwood Community Center. Registration is open until leagues reach capacity or listed deadline. All organizational meetings will take place at Ashford Park Activity Center. For more information about the Adult Athletic leagues, please contact: Taylor Davis, Athletic Manager, Phone: (404)637-0514, email:taylor.davis@brookhavenga.gov.



INSTRUCTIONAL SPORTS PROGRAMS

ELEVATE SPORTS ACADEMY

Elevate Sports Academy excels in unmatched instruction and game situational play from former UConn & WNBA All-Star Player Rita Williams and Elevate Sports Academy instructors. Gain exceptional training methods that will translate from the practice court to game competition!



1st SESSION DATES: September 13 – November 1

2nd SESSION DATES: November 10 – December 29

COST: \$160 City Resident/ \$175 Non-City Resident

AGES: 7+UP

Basketball Skills & Drills

This 8-week clinic offers instruction on skills and intensive drill series. Improve your shooting, ball handling, rebounding, decision making, aggressiveness, footwork, leadership, and more!

1st SESSION: Saturdays 9:30am-10:30am

2nd SESSION: Mondays 5:00pm-6:00pm

Speed, Agility, Plyometric, and Coordination Training For Youth

Young athletes who want to develop speed, agility, and coordination- this class program is for you! The foundational athletic skills you learn here will help you get a jump on the competition and build self-confidence. Sports specific training incorporates speed and agility drills to young athletes of every age and ability level; taking those athletes to their highest level of performance.

1st SESSION: Saturdays 10:30am-11:30am

2nd SESSION: Mondays 6:00pm-7:00pm

Private & Group Basketball Sessions

If you're preparing for a Travel Team, School Tryout, or if you're looking for that extra edge for your upcoming season and want to improve and develop your game, then it's time to go One-On-One with private lessons.

Individual or group sessions are available for beginner or advanced players to improve skills.

(TIME & DATE OF CLASS VARIES BASED ON AGREEMENT WITH INSTRUCTOR – Contact Parks & Rec office to schedule private/group sessions at 404-637-0534)

For more information about instructional sports programs, please contact: Taylor Davis, Athletic Manager, Phone: (404)637-0514, email: taylor.davis@brookhavenga.gov.



PARTNER YOUTH ATHLETIC ASSOCIATIONS

MURPHEY CANDLER LITTLE LEAGUE (MCLL)

www.murpheyandler.org

MCLL is a non-profit, all-volunteer baseball program for children ages 4-12. Murphey Candler is a sanctioned participant in Little League baseball. The upcoming Spring 2015 season begins in Mid-March and lasts through Memorial Day weekend. Please visit MCLL's website for more information.



MURPHEY CANDLER GIRLS SOFTBALL ASSOCIATION

www.mcgsa.com

MCGSA introduced girl's fastpitch softball to Atlanta in 1968. MCGSA offers recreational softball leagues for girls ages 5-18. Several select and travel teams are also available. Please visit the website for more information and to register for the upcoming spring season.



ATLANTA COLT YOUTH ASSOCIATION

www.atlantacolts.com

ACYA has a long-standing and proud football program that offers recreational flag football leagues, recreational intra-league football, Division 1 Travel Football and cheerleading. Please visit the website for more information on upcoming leagues and programs.



PARTNER ADULT PROGRAMS

GO KICKBALL

www.gokickball.com/atlanta

GKB is "America's Premier Social Experience!" GOKickball is a social co-ed adult sports organization that joins 55,000+ outgoing, active, social men and women to play a weekly game of kickball, adult dodgeball and to experience great, local Brookhaven parks. To view current leagues and to register for other activities, please visit the website.

LOCATIONS: BROOKHAVEN & LYNWOOD PARKS

DAYS OF THE WEEK: Monday – Thursday

DATES OF LEAGUES: September 2 – October 30



GROUP FITNESS PACKAGE

PRICE: The 5 classes below are all included in one bundled package. When you register, you will have access to all the classes, not just one in particular. There are 4 different options for payment; \$90 for unlimited visits over a 30 day period, a \$60 punch card good for 5 visits, a \$100 punch card good for 10 visits, and a \$10 one time drop-in rate.

DATES: Classes will begin starting on Saturday 9/6

AGES: 18+

LOCATION: All classes will be held at Lynwood Community Center.

HIIT Off Your Weekend – Kick off your weekend by revving up your metabolism. HIIT represents High Intensity Interval Training. This 45 minute class will spike your heart rate and challenge your muscles. It's time to sweat! *Saturdays, 8:30-9:15am*



BRING on the HEAT – High Energy Athletic Training. This class is full of circuits, cardio, strength, and plyometrics. This is a challenging total body workout that will improve your overall fitness. Plenty of modifications for all fitness levels. Anything goes...it's time to bring the HEAT! *Tue/Thr, 6:45-7:45pm*

Triple C – Core, Cardio, and Circuit. This class challenges your core while improving your cardiorespiratory fitness. Intervals of cardio, strength, and core makes this class a one stop shop. Plenty of modifications, making Triple C a perfect class for all fitness levels. *Mon/Wed, 8:30-9:30am*

TNT – Tone N Tighten. This low impact, resistant band class will tone and tighten your entire body. Time to get lean by improving muscle strength! *Fridays, 8:30-9:30am*

Fit in 50 – This low-impact, 50 minute power class uses a variety of equipment including gliders, resistance bands, bender balls, and your own body weight to challenge every muscle group. Each week is different and unique. Come get Fit in 50! Plenty of modifications for all fitness levels. *Mondays and Wednesdays, 7:15-8:05pm*



FITNESS CLASSES

Tabata Bootcamp – 8 week group training program based on High Intensity Interval Training (HIIT) using 20 seconds of intense exercise followed by 10 seconds of rest. Program is combined with a 24/7 virtual online component. Participants will get a virtual 6 minute workout daily. Groups can track their results, monitor their success, and receive support from their trainer! *M/W/F, 6:30-7:30am. 9/15-11/7 at Lynwood Community Center. \$220, ages 18+*

Combat Fat! – 6 week class mixes high intensity calisthenics and striking intervals with some resistance. Get a dynamic, form shaping workout and learn to execute martial arts and boxing techniques. Students need to bring a pair of protective bag gloves, a mat (if you don't want contact with the ground), and wear close toed shoes. *Tue/Thr, 8:00-9:00am. 9/9-10/16 at Brookhaven Park. \$125, ages 15+*

KIDS Fit – Youth class filled with relay races, games, balance, and stretching. Allows children to burn off some energy while incorporating fun, fitness, and laughter. *Saturdays, 9:30-11:30am. 9/6-10/4 at Lynwood Community Center. \$20 per Saturday, ages 5-13.*

ART CLASSES

Art Stars – Draw and paint like one of the greats! Use your shoe, family, or room for inspiration. Wide range of art materials used. Let the fun begin! *Thursdays, 4:30-6:00pm. 9/18-10/16 at Lynwood Community Center. \$70, ages 6-9.*

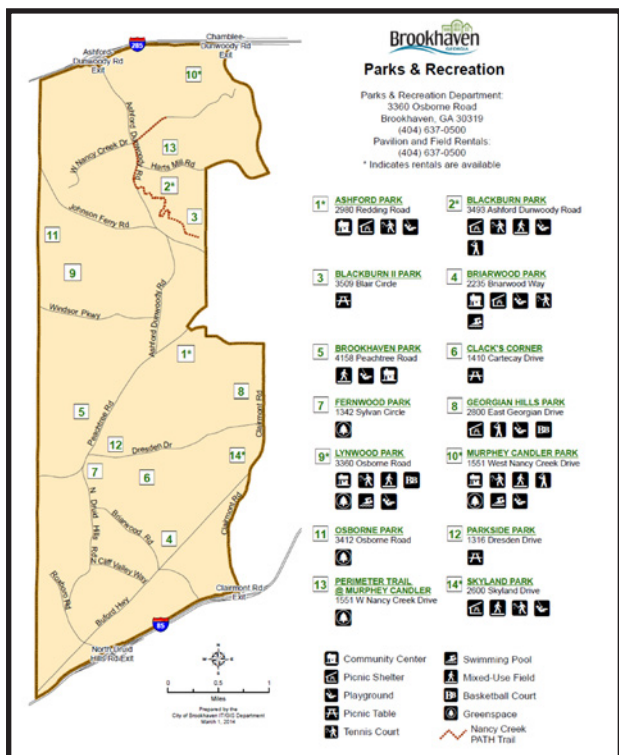
Exploration Drawing for Teens – Tons of techniques to make drawing people, animals, and landscapes easier and rewarding. Learn to see how an artist sees. Learn ways to approach perspective and make your work more 3D. Supplies not included, bring for first class: drawing pad, ebony pencil, pink Pearl eraser. Other materials provided for class. *Tuesdays, 6-8pm. 9/16-10/14 at Lynwood Community Center. \$60, ages 13-17.*

Beginning Drawing for Adults – Receive a foundation of techniques that makes drawing easier and more rewarding. Supplies not included, bring for first class: drawing pad, ebony pencil, pink Pearl eraser. Other materials will be provided. *Tuesdays, 2-4:30pm. 9/16-10/14 at Lynwood Community Center. \$60, ages 18+*

Inquisitive Painting for Adults – Techniques and shortcuts to make painting easier. Learn the basics, find your niche and shine. Info on supports, brushes, and paints. Start with painting from photos then still lifes. Material provided on first day. *Thursdays, 7-9pm. 9/18-10/16 at Lynwood Community Center. \$60, ages 18+*

Mosaic Art Workshop – During this 5 week introduction to the world of mosaic art, students will enjoy a fun and inspiring class where they can explore the many possibilities of mosaic art. Students will learn how to work with different materials and basic tile cutting techniques. Lecture and demonstrations will cover mosaic design approaches, a range of material uses, and the steps to design and create a mosaic artwork of your own to take home! Feel free to bring along any pieces you would like to incorporate into your mosaic piece. No prior art or mosaic experience necessary! Participants will need to wear clothes that can get dirty, wear closed toe shoes, and bring their own lunch. *Saturdays, 9am-3pm. 9/6-10/4 at Lynwood Community Center. \$120 (includes materials fee), ages 8-16.*





Current Brookhaven Resident at:

To view this map online please visit
<http://brookhavenga.gov/home/showdocument?id=558>

GYMNASTICS CLASSES

***We will have a free open house gymnastics session on 9/9 from 9am-12pm at Lynwood Community Center to give parents and children an idea of what classes will be like. No pre-registration necessary.**

****No class on 11/13, 11/25, and 11/27 due to school holidays.**

Stepping Stones – Parent assisted class for children. First exposure to basic gymnastics skills. Students will build confidence, coordination, and strength while at play doing gymnastics. Parents required to attend. *Tue/Thr, 9-9:55am. 9/16-12/11 at Lynwood Community Center. \$110, ages 18 months-2.*

Tumbling Tots – Parent assisted class for children who have not been exposed to a structured gymnastics class or are not ready to be on their own. Children will work on basic gymnastics skills, as well as practice taking turns

and following direction to prepare them for the next level. *Tue/Thr, 10-10:55am. 9/16-12/11 at Lynwood Community Center. \$110, ages 2-3.*

Pre-Gym I – Designed to teach kids basic gymnastic skills in a fun environment that includes playing games, fun stretches, jumping on the trampoline and introduction to the Olympic gymnastics equipment including bars, beam, floor, and vault. *Tuesdays, 11-11:55am. 9/16-12/9 at Lynwood Community Center. \$110, ages 3-4.*

Pre-Gym II – Designed to teach kids basic and intermediate gymnastic skills in a fun and safe environment. Participants will gain more exposure to Olympic gymnastics equipment including bars, beam, tumbling, and vault. *Thursdays, 11-11:55am. 9/18-12/11 at Lynwood Community Center. \$100, ages 4-5.*

For any information regarding classes and programs, please contact Recreation Manager Philip Mitchell at (404) 637-0512, or Philip.mitchell@brookhavenga.gov

[www.brookhavenga.gov]



www.facebook.com/brookhavenrec
www.twitter.com/BrookhavenGaGov
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www.youtube.com/user/CityofBrookhavenGA